

CONSTRUCTIVE CHOICES

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1. QUOTES –Move and Discover

“What lies behind us and what lies before us are tiny matters compared to what lies within us.”

“The only gift is a portion of thyself.” – both quotes from Ralph Waldo Emerson.

2. CHOOSING the ROAD LESS TRAVELED

Last month as I wrote a few words, I looked out upon a forest of color and spoke of the high roads in our life. Today, the view from my window is blanketed in white and the roads are hidden somewhat from view. There is something about snow on a road that makes it appear new and not traveled as often as other times in the year. I often hear that choosing a snow-packed road isn't high on one's list of desired roads to travel.

I often think of the roads I have traveled to date and know there haven't been many people along the way on the same roads. I thought I knew the road and its view when I was 12. Teaching was the road success sign and I held on to that road's path with all its twists and turns throughout my second decade. And then I came upon a junction and now the road success sign read government service – Post Office this way. Seemed like an unlikely path, but one I chose as the “teaching road” seemed to come to an abrupt end.

This sure didn't feel like any straight road of success. The road continued to turn and again I found few folks traveling in a similar direction. Couldn't even say that I knew where the road was going – west seemed to be the general direction. More years and more choices to stop along the road, take a diverted path, and then back on the main road...and I even turned around and headed back east. This time the signpost said government service – training and development.

Part of that time I was more a passenger on a long ride, but at one point chose to take the wheel again. It was time to redirect the journey and, now, another signpost – this one marked “Coaching.”

However, the most amazing thing...what I read under the “Coaching” success signpost “ were additional descriptors. It read - “teaching, supporting and giving personal customer service to those who are traveling similar roads.” Oh...so when I thought I was choosing a different road, it was truly the same road, widening and moving to encompass all my learning and experiences. It was the road less traveled by others. It was my road and has my descriptors of success.

I believe there are many roads and few travelers on mine. Your road has its signposts of success. I have discovered that success on our roads come from

1. the choice to keep looking ahead to the next junction.
2. road signs of opportunity we stop to consider along the way.
3. giving of our gifts to others who join us in the journey.
4. realizing it's all one road – it takes on the scenery of our changing lives.
5. a blending of our personal and professional strengths.

3. CHOOSE ... to ACKNOWLEDGE YOUR SIGNPOSTS of SUCCES...

Ask – where am I on my Success Road? ...remember ...your first road choice, the sign post...what does it say?...this is where you started ... remember and feel your first success in life ... its' the first great mark on your road ... now, look at the next sign post ... notice the changing scenery along your Success Road ... who else is with you?... how have they contributed to your success?... remember your gifts to them ...a new direction of the road lies before you ...can you see the next signpost? ... read what it says....it's there for you to make the choice...choose your very next success.... What will it be...you know...name that sign post with this success!

4. READING CHOICES

Life Choices, Life Changes – The Art of Developing Person Vision through Imagework
- by Dina Glouberman. A passage from the book, page 2, titled “Choosing a Life”
“Imagework is, in its broadest sense, a method of tapping into, exploring and changing the images that guide our lives. It enables us all to develop personal vision – the ability to understand our present situation and to identify and bring about the future that fits the best.”

5. JEAN'S LATEST CHOICES

News Announcement #1 – “The CHOICE LINE,” booklet #3 is available in a .pdf format. Still working on the choice on how and when to get it in a paper version.

With a choice to find that block of quiet time to write for the fun of it, I may have just found a key to the success for getting my newsletters out. Something about keeping the momentum of doing these every month and running with a theme from one to the other, has made it happen a little easier this month. The struggle is gone and the energy is renewed.

Happy Holidays everyone – hope the big turkey day was filled with memories that still bring a smile to your face. A joint choice (with my husband) was Thanksgiving at our home this year welcoming his brother and sister and their families, along with some very special friends, Amy and George. The rest of the holiday was time spent together shopping, dining, mixing cement (for gateposts), relaxing and planning our next holiday. This time of the year it seems to be centered on fun choices! I wish fun choices and the time to enjoy them for all of you this holiday season!

A GIFT and your CALL TO ACTION ...

My gift to all of you this holiday season is a gift you can offer your friends and colleagues. Give them the gift of a referral to try coaching free! Invite them to try out an offer for a free 20-minutes of coaching to work through a current professional challenge. What they walk away with is a creative approach to support their answer to the challenge! Even the call is free using my toll-free number.

The Constructive Choices AUDIENCE:

- *Professionals wanting to be at choice in their career and daily work,
- *Entrepreneurs wanting their creative choices to also be constructive,
- *Small business owners balancing the personal and professional choices of their dream
- *Organizational managers choosing new directions in the face of change and transition,
- *Students looking forward to a lifetime of choices,
- *Individuals wanting to sort through the choices to build a more fulfilling life, and
- *Coaches who choose to reach out and support the choices of others.

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