

The CHOICE Connection

Positive strategies. Practical solutions.



constructive
CHOICES
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February 2012 "Personal Success...The Top '7' and a Few Other Resources" Volume 6, Issue 2

In This Issue

QUOTABLE QUOTES

HIGHLIGHTS

PERSONAL SUCCESS - The Top '7' and a Few Other Resources

CHOOSE TO...

HIGHLIGHTS

It is a picture of how we show up every day, what we give attention to, what matters and how we stand up for ourselves and choose.

While your personal success is 'personal' it will touch at least one person in your life. Your personal success is your gift to the world and a light along another's path to personal success.

Quotable Quotes

"Success and failure are largely self-defined in terms of personal standards. The higher the self-standards, the more likely will given attainments be viewed as failures, regardless of what others might think." ~ Albert Bandura

"Don't look to become a person of success, look instead to become a person of value." ~ Albert Einstein

"Success is found in much smaller portions than most people realize. A hundredth of a second here or sometime a tenth there can determine the fastest man in the world." - Source Unknown

Dear Jean,

Personal Success ... The Top '7' and a Few Other Resources

Last month I shared my *personal success* gift I received from my father. And I received wonderful notes from my readers as to how my "Yes, I can" story touched their life. Thank you for all your shares.



As it is February, the month of heart filled dreams, I wish to dedicate this issue to the number one guy in my life - my husband, Michael, the man who gave me a dream and a world of possibilities over 34 years ago. Michael's gift to me is his belief and modeling of "being prepared." That little encouragement daily of being prepared for anything has strengthened my personal success. For Michael it is a way of viewing the world and learning the lessons each and every day - in such a way that being prepared today means setting something in motion and letting it help define the road

Yes, You
Are...and Yes,
You Can.

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**"If you think you
can
or you think you
can't, chances are
you're right."**

Henry Ford

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Today!

you step onto tomorrow. His smile, his laughter and his determination to 'giddy done' has lightened the load on more than one occasion. Thank you, hon! I know Michael lives the "Top 7" I have outlined below and he would just add "Be Prepared" and make it a "Top 8" list!

This monthly newsletter doesn't happen without my being prepared. And each month and each topic requires a new twist to being prepared to get the word out. The tools and resources section is very much about giving you the tools to be prepared - a little something extra to encourage your personal success.

The Top '7'

~ from 'Lessons for Success - Quotes to Inspire Your Personal Best' Edited by Lorraine A. Darconte. Others just say it better than I could ever hope to AND ... I can share their wisdom with you.

1. **Hold fast to your dreams...** *"To dream anything that you want to dream, that is the beauty of the human mind. To do anything that you want to do, that is the strength of the human will. To trust yourself, to test your limits, that is the courage to succeed."* ~ Bernard Edmonds
2. **Passion and Enthusiasm ...** *"Winning isn't everything, but wanting to win is."* ~ Vince Lombardi
3. **Doing Your Best ...** *"So celebrate what you've accomplished, but raise the bar a little higher each time you succeed."* ~ Mia Hamm
4. **Never Give Up ...** *"Stumbling is not falling."* ~ Portuguese Proverb
5. **Learning Throughout Life ...** *"Life is now in session. Are you present?"* ~ B. Copeland
6. **Standards of Excellence ...** *"Just do what you do best."* ~ Red Auerbach
7. **Be True To Yourself ...** *"You have got to discover you, what you do, and trust it."* Barbra Streisand

CONNECTIONS from JEAN'S BOOKSHELF

The Basics of Success - Keys to Achieving Your Greatest Potential by Tim Connor. 25 Principles are laid out for you. Consider ... Purpose, Commitment, Passion, Resilience, Focus ... these are his first 5.

Outliers - The Story of Success by Malcom Gladwell. The lives of people who fall outside the normal experience, the outliers. Gladwell offers a blueprint for making the most of human potential.

The Art of Possibility by Rosamund Stone Zander and Benjamin Zander. Check out Practice #5 - Leading from Any Chair.

Hardwiring Excellence - Purpose ... Worthwhile Work ... Making a Difference by Quint Studer. Personal Success In the Organization.

What Got You Here Won't Get you There. How Successful People Become Even More Successful by Marshall Goldsmith. If you are about showing up as the most excellent leader, do you know about the trouble with success and the 20 habits that can hold you back?

THE INTERNET CONNECTIONS

[Your 12 Point Plan for Personal Success](#)

[Supporting you to achieve personally fulfilling goals.](#)

[The New Science of Personal Success](#)

[How To Develop a Personal Success Plan](#)

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Wishing you each the gift of "Yes, I Can ... Be Prepared,"

Jean



CHOOSE to...

... believe in you...say "I CAN" rather than "I Can't"...figure it out...stand true and stand tall...believe in the dream of tomorrows...and in strength you have today...persist...live your goals as a gift to others.

...dream of more...picture these dreams as real...infuse your dreams with your passion and enthusiasm...believe in only doing your best and always doing your best...never, ever give up...learn the lessons every day...share your standards of excellence...always, always...be your self and be true to your self.

Administrivia

My Constructive Choices Audience...

- * Professionals wanting to be at choice in their career and daily work,
- * New Managers (and aspiring leaders) transitioning to establish a leadership role in their communities,
- * Individuals wanting to sort through the choices, build a more fulfilling life, lift their voices, and...
- * Coaches who choose to step out, show up, and say - *YES, it IS all about YOU!*

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