

Subject: May 2012 - Patterns of Success...Opportunity and Legacy - Your Resources



May 2012 "Patterns of Success...Opportunity and Legacy - Your Resources" Volume 6, Issue 5

In This Issue

QUOTABLE QUOTES

Highlights

Patterns of Success...
Opportunity and Legacy -
Your Resources

CHOOSE TO...

Highlights

1. Choose 3 events in your life that exhibit a success.
2. Tell someone your 3 stories.
3. Detail how your success began, what did you do and how did you close it out.
4. Identify between 8-12 actions you took from the start to the end.

Quotable Quotes

"The path to success it to take massive, determined action." ~ Anthony Robbins

"Success does not consist in never making mistakes but in never making the same one a second time." ~ G.B. Shaw

"Every great success is the result of hundreds and thousands of small efforts and accomplishments that no one ever sees or appreciates." ~ Brian Tracy

"Do or Do Not, there is no try." ~ Yoda, The Empire Strikes Back

Dear Jean,

Patterns of Success...Opportunity and Legacy - Your Resources

The author, Malcom Gladwell, in his recent bestseller, "Outliers, The Story of Success" divides the book into 2 parts, *Opportunity and Legacy*. I can think of no better way to think about our personal patterns of success.

Opportunity is defined as "a favorable or advantageous circumstance or combination of circumstances; a favorable or suitable occasion or time; and a chance for progress or advancement." (reference - The American Heritage Dictionary of the English Language) Striving to know our own personal pattern of success depends on a combination of circumstances, or events and actions, if you will. Being aware of this pattern continues to support our advancement in life, our



5. Compare your stories side by side... unravel the steps you repeat...this is your pattern.

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achievements and our personal sense of satisfaction of a life well lived.

Legacy is defined as "a gift by will, especially of money or personal property; and something handed down or received from an ancestor or predecessor." (reference - The American Heritage Dictionary of the English Language) Your pattern of success, when you discover it, is a gift to you and most importantly a gift to others. Your successes, your modeling of your journey's life of achievements can and will inspire and encourage others.

Consider and believe that any single action you take does, in fact, influence another.

CONNECTIONS from The BOOKSHELF

Outliers - The Story of Success by Malcom Gladwell. The lives of people who fall outside the normal experience, the outliers. Gladwell offers a blueprint for making the most of human potential.

Patterns of High Performance by Dr. Jerry L. Fletcher. His research and proposition that we each have our own personal pattern of success. It works!

The 5 Patterns of Extraordinary Careers: The Guide for Achieving Success and Satisfaction (Crown Business Briefings) by J.M. Citrin and Richard Smith.

THE INTERNET CONNECTIONS ...

Understanding your primary thought patterns to make change work - <http://www.lifehack.org/articles/management/success-tips-why-you-should-broaden-your-patterns-of-thought.html>

Visualization - imprinting your patterns of success
<http://www.vitalaffirmations.com/visualization.htm>

The effect of thought patterns on your success
<http://www.positivearticles.com/Article/The-Effect-of-Thought-Patterns-on-Your-Success/34671>

Wishing you extraordinary opportunities each and every day,

Jean



CHOOSE to...

... discover your unique pattern of success ... know how you begin ... know how you end ... compare the repeated steps ... identify your pattern ... ask for another's hear your stories and provide an objective view of your pattern ... capture what they see and hear to distinguish the steps of your pattern.

...seek out the opportunities...pay attention to the unusual opportunities, the extraordinary opportunities...be mindful of your

actions...reflect...and reflect some more...decide on the traditions and the attitudes you inherited, received as gifts...determine what traditions and attitudes you wish to model and leave to others as your legacy...know what you have learned.

Administrivia

My Constructive Choices Audience...

- * Professionals wanting to be at choice in their career and daily work,
 - * New Managers (and aspiring leaders) transitioning to establish a leadership role in their communities,
 - * Individuals wanting to sort through the choices, build a more fulfilling life, lift their voices, and...
 - * Coaches who choose to step out, show up, and say - *YES, it IS all about YOU!*
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